Habakkuk 3:19, "The Sovereign LORD is my strength; He makes my feet like the feet of a deer, He enables me to tread on the heights." (NIV)

The way that we demonstrate that the LORD is our strength is by praising Him. He is totally the source of all of our strength. Zech. 4:6 echoes this: So He said to me, "This is the word of the LORD to Zerubbabel: 'Not by might nor by power, but by My Spirit,' says the LORD Almighty. (NIV)

And because He is the source of our strength, we can know that nothing is impossible for Him. This is later repeated by Paul to the church in Philippi: **Phil. 4:13**, "*I can do all this through Him Who give me strength.*" (NIV) He is the One Who enables us, strengthens us, and empowers us to tread upon the heights. He keeps our steps steady and firm upon the heights. He shows us the way we are to go.

I'm fascinated by the mountain goats and sheep that raise their young ones on the sides of steep inclines of sheer rock. With surety, the young ones follow their mothers up the sides of the cliffs with steadiness and strength. We can be just as sure when we are following our LORD. He will guide our steps and even lift us up when we stumble or fall. What an amazing Father He is to us.

Dear Father, You are everything we will ever need. You are the One and Only One that can empower us and strengthen us to accomplish all that You have for us. Help us LORD to trust in You alone. In Jesus Name, Amen